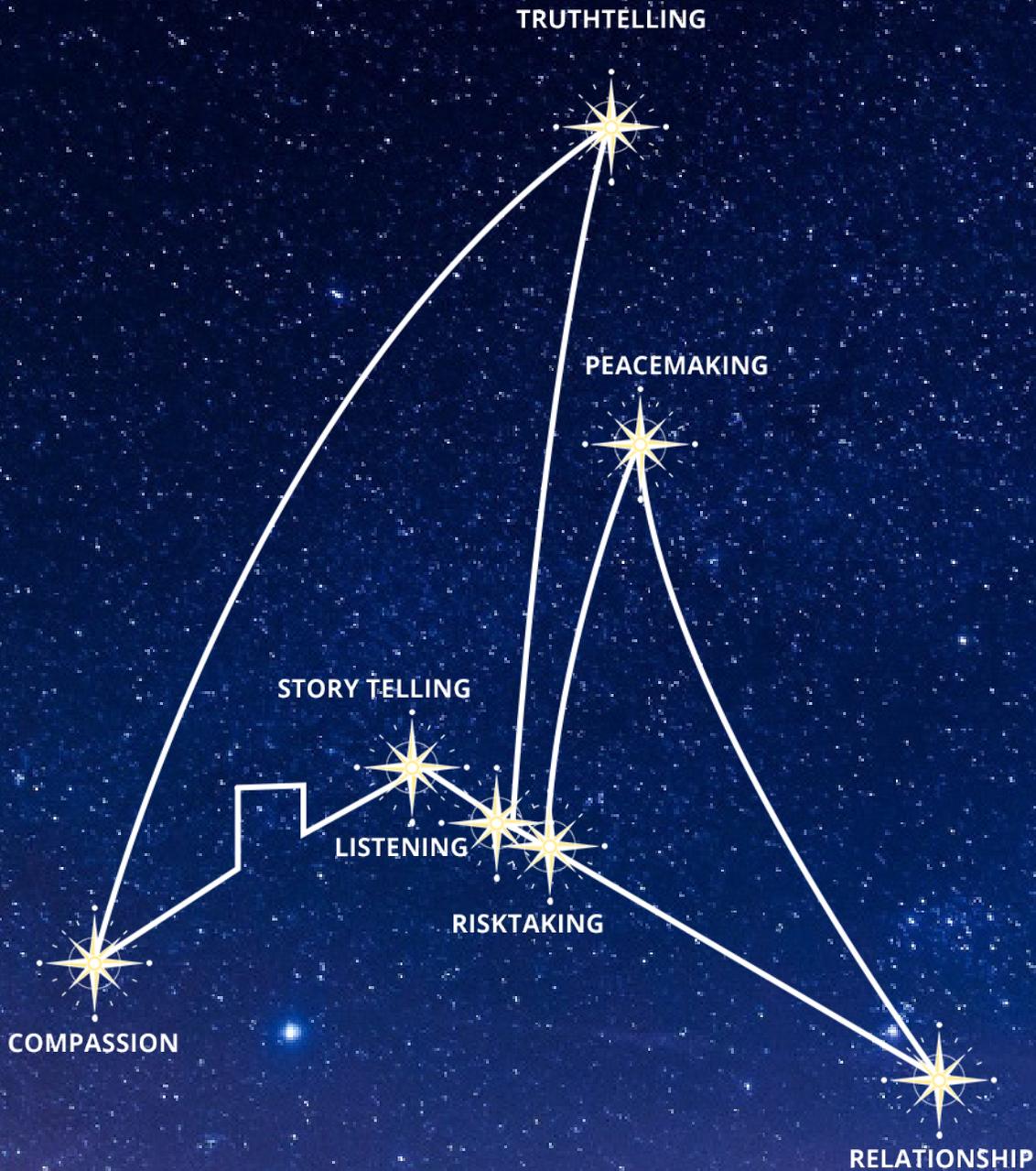


2020-2021 Annual Report



SAFE HARBOUR

Providing First Steps To Recovery



Our Vision

A community that embraces each of its members.

Our Mission

To provide spaces of welcome and connection to our guests, our organization and our community.

Message from our Board Chair

STEADY AS SHE GOES



The Chair's report to the Annual General Meeting normally reviews and summarizes the past year. In a word the past year has been nothing short of ghastly. Oh, our finances were in excellent shape as our accountant will inform you. Our infrastructure has been solid, the Board

has been stable, the staff has been exemplary. This despite the pandemic, despite not having our lease for Cannery Row renewed, despite the lease extension, but only to October 1, despite protracted discussions about a new building, and despite the inability to find a new location. The single biggest issue has been the loss of our shelter space in Cannery Row and the painful, potential loss of a quarter of our staff.

After some months of anger and grieving, staff have developed a plan which furthers our efforts to provide first steps for recovery for our guests. It saves twenty-six shelter spaces, and may for a number of our guests provide temporary housing. Nevertheless, it is nowhere near the eighty plus beds we have been providing over the past year.

One of the truly amazing things about Safe Harbour is how quickly an "all hands on deck" call can shift us. We have seen it over and over again. Storms come to every harbour. This Harbour has weathered many storms. In order to be able to do that, an organization must be nimble and efficient, adept at managing change, and although sometimes we operate in seas of chaos, well organized. We always live up to our mandate to aid in the recovery of anyone who asks. We have a powerful set of values and guiding principles that informs our everyday decisions and are grounded in transparency and trust – trust in our staff, our managers, and our captain.

In the midst of all this uncertainty, our staff continues day-to-day caring for acutely ill guests in psychosis, drug poisonings, and abject poverty. They are our frontline heroes, working to keep the community of Red Deer as safe as they possibly can every day.

Over the last fourteen years on the Board, I have served eight years as Chair of the Board of Directors. We have had some wonderful people on our Board. I think of Shirley Goldade, Twila Harris Olsen, Gord Hillman, Scott Billan, Craig Soderquist, Colleen Fisher, Dallas Williams, Jennifer Cross, Jordy Smith, and others. They have all made significant contributions.

I need to thank people and there are so many people to thank, a list much longer than I can include here. I want to thank all our current Board members. They are an amazing group of people. They have been completely supportive and diligent in looking for ways to mitigate the damage to Safe Harbour from this whirlwind that we seem to be in. I want to thank our funders, United Way, staff at Alberta Community and Social Services, Alberta Health Services, all who have worked very hard to help us save what we have. City administration has worked diligently to find a new location. I also want to thank our many community partners and donors who give so generously every year.

Finally, I want to thank our Captain, Kath, who has given the Harbour brilliant, passionate, courageous leadership and love for almost 17 years. I have learned so much from watching her manage.

I thank the Board for their patience with me and granting me the honour and privilege of being Chairperson for the last four years. The Harbour will weather this storm and we will see sunshine again.

Buzz Vander Vliet, Chairperson

Harbour Highlights

RECOVERY IN NUMBERS

881

The Safe Harbour Outreach team did needle cleanup 881 times in the past 18 months.

This team focusses mainly on camp outreach and cleanup but they have also responded to needle cleanup in the broader community.

88

Safe Harbour has 88 staff. The Harbour crew is made up of front line shelter teams, detox case managers, housing intake staff, 2 outreach teams, 23 nurses working in our detox, shelter and outreach programs, leadership, admin and 8 Doctors rotating to provide care in our detox program. All of whom are dedicated to building safe and healthy communities through their services

Indigenous Support

WELLBRIETY RECOVERY PROGRAMS



Our Many Healing Blankets Program is the first in Canada to be certified in the Wellbriety Recovery Program!

Wellbriety simply means to be sober and well. The “Well” part of Wellbriety is the inspiration to go on beyond sobriety and recovery, committing to a life of wellness and healing every day.

The main focus of this program is to provide a cultural connection to anyone who is requesting help in their healing journey.

It is indigenous led but welcomes all people to its teachings.

As a non-indigenous organization operating an indigenous program we all had much to learn about each other as our Many Healing Blankets Program evolved. Today the program reflects the organizations mission and the protocols of ceremony.

Activities of this program include:

- Smudging and Prayers
- Individual and Family Support
- Monthly sweats at the sweat lodge at Fort Normandeau
- Wellbriety groups
- Annual Spring Feast at Fort Normandeau
- Support to Remand Center



211

In January 2021 we started a one year pilot project with the Systems Leadership Team, The City, and 211 to bring the Social Diversion team to our community.

The primary goal is to potentially reduce social calls for service made to the Red Deer RCMP, Community Peace Officers, and Emergency Medical Services, and to provide Red Deerians with a resource to call when there is a non-emergency social issue that they are concerned about.

2

Safe Harbour has 2 outreach teams operating in and around our community. One of the teams is working collaboratively with the City’s Parks and bylaw teams in connecting with people who are experiencing homelessness and camping. Our other outreach team is our 211 team who works collaboratively with the City and the RCMP to respond to non emergency calls thereby freeing up the RCMP to having to respond when it isn’t necessary.

78

Safe Harbour works very closely with the hospital. Our medical teams in detox and shelter are able to provide medical monitoring, thereby freeing up beds in the hospital sooner for others. Last year we were able to do that 78 times!

85

Did you know that over 85% of the people we serve at Safe Harbour are from Central Alberta?

663

Safe Harbour’s Medically Supported Detox program helped 603 people withdraw from substances in 2020. Our numbers are usually 800 -900 in a year but COVID made a difference. Detox is typically a 7 -10 day stay and people who want to access longer term addiction treatment must attend a detox program first. Our team of Doctors, nurses and case managers support people through their withdrawal and as they transition to further addiction/mental health treatment.



Safe Harbour's Recovery Role in the Community

Safe Harbour helps to create Healthy and Safe Communities in Central Alberta by providing 1st Steps to Recovery! When it comes to people experiencing homelessness and are intoxicated or otherwise impaired, their needs are complex: On one hand we have intoxicated or otherwise impaired people and their worried families and friends, on the other hand we have frustrated citizens and concerned taxpayers. Safe Harbour is an important part of the solution. We work with AHS, RCMP, Treatment Centres, Hospital, and City Safety Team. (see chart #1)

The opposite of addiction is not sobriety but human connection. At Safe Harbour we create a life line of support through relationship building.

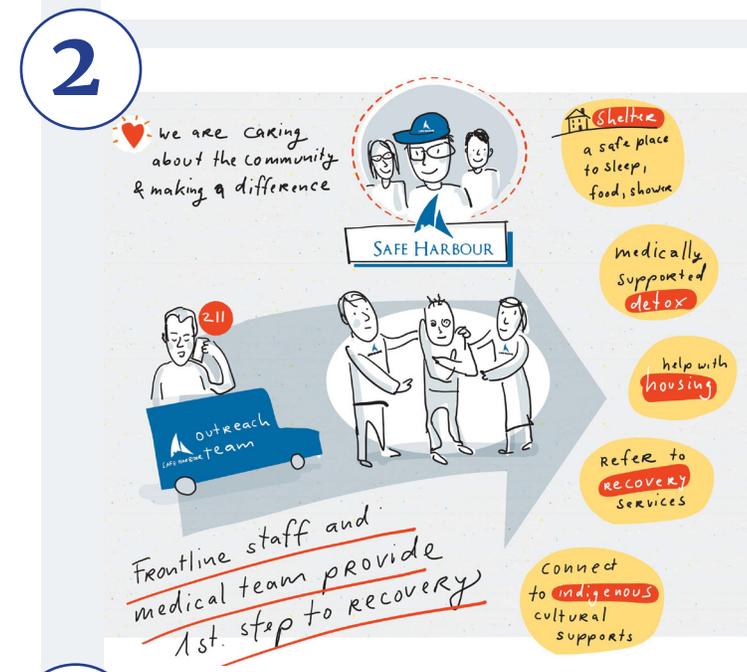
Here is how:

Every time our outreach team or shelter staff is connecting with people, they form a bond. That is why our shelter program and outreach team is vital in the first steps of recovery. Connections form a natural bridge to broader addiction recovery resources, such as detox, wellbriety, mental health referrals. (see chart #2)

Safe Harbour works with Key Stakeholders to create a safe and healthy community so our guests receive the support and treatment needed while we also help reducing tax cost.

Here is how:

- RCMP | Easing the non crisis calls to RCMP and calls to the hospital
- Treatment Centres | Ensure that we have enough detox spaces to meet the demand of the upcoming treatment centres
- Hospital | Freeing up hospital beds with our ability to monitor patients in detox.
- AHS | We operate a medically supported detox program funded by AHS, and a Wellbriety indigenous recovery program with Elder support, and a nurse in the shelter.
- SLT Team | Connect with the City of Red Deer System Leadership Team and key stakeholders.



Financial Statement

Join the Conversation

STATEMENT OF FINANCIAL POSITION

For the period ending March 30, 2021

ASSETS	2021	2020
Current Assets		
Cash	\$ 788,414	\$ 738,204
Accounts receivable	\$ 178,204	\$ 56,557
Goods and services tax receivable	\$ 18,196	\$ 12,745
Prepaid expenses & deposits	\$ 17,682	\$ 24,002
	\$ 1,002,496	\$ 831,508
Long-term investment	\$ 682,235	\$ 476,500
Tangible capital assets	\$ 1,458,738	\$ 1,809,542
	\$ 3,143,469	\$ 3,117,550
LIABILITIES		
Current Liabilities		
Accounts payable and accruals	\$ 124,486	\$ 94,443
Salaries and benefits payable	\$ 223,447	\$ 183,028
Deferred contributions	\$ 221,825	\$ 206,241
Callable debt	\$ 17,943	\$ 92,444
	\$ 587,701	\$ 576,156
Unamortized deferred capital contributions	\$ 753,341	\$ 1,082,567
	\$ 1,341,042	\$ 1,658,723
NET ASSETS		
Unrestricted	\$ 1,114,973	\$ 824,296
Invested in tangible capital assets	\$ 687,454	\$ 634,531
	\$ 1,802,427	\$ 1,458,827
	\$ 3,143,469	\$ 3,117,550

For a complete Financial Statement please check our website.

LIVE CONVERSATIONS

CAPTAINS CORNER

Inside Views.
Real Stories.
New Perspectives.

Follow us here:



Join us Live on Facebook for bi-weekly conversations with the Captain on how Safe Harbour provides first steps to recovery and helps to build safe and healthy communities.



Thank you to our Funders:



Safe Harbour Society
5246 53 Avenue, Red Deer, AB T4N 5K2
P: 403.347.0181
E: office@safeharboursociety.org
www.safeharboursociety.org

Follow us!

“Lives are changed by a moment’s listening.”

~George Smith