

# 2021-2022 Annual Report



SAFE HARBOUR

Providing First Steps To Recovery



## Our Vision

*A community that embraces each of its members.*

## Our Mission

*To provide spaces of welcome and connection to our guests, our organization and our community.*



## Message from our Board Chair

# STEADY AS SHE GOES



**I begin this commentary on the past year of April 1, 2020 to March 31, 2021 almost word for word as I did for last year. Our finances and financial reporting are in excellent shape. Our management team has been stable for years. Our infrastructure has been solid, the Board has been stable, the frontline staff has been exemplary.**

Location, location, location – the real estate mantra. It has certainly been a huge factor in the existence of the Harbour's shelter program this year. As we waited from one eviction date to the next from the Cannery Row Shelter, City Council and administration were feverishly looking for a new location for us. They had one, but it slipped through their fingers. And all the while we waited. We at Safe Harbour had already made our case many times in the recent past. And all we could do was wait, while other people and other forces played themselves out. All this happening amidst staff Covid isolations and outbreaks in our guests.

The Board has been solid and unwavering in their support of the organization. They have made themselves available for a number of unscheduled special meetings for debriefing, strategizing and sometimes commiserating. We have seen some changes. Three long time Board members have "retired". In October Cindy Jefferies left the Board to take a seat on Red Deer City Council where she is putting her analytic abilities and wisdom to good use. Rae Dittburner, after almost 25 years is "retiring". Rae came with People's Place in the amalgamation in 2007 and has spent the last 15 years with the Harbour, most of them as Board Treasurer. And although this is really next year's news, Heather Klein has also resigned after seven years on the Board. She has contributed greatly, serving on a number of Board committees and as Board Secretary.

We have three new Board members; in fact two of them aren't so new. Both are returnees with previous experience on the Board. Jennifer Cross has been with the Harbour in one capacity or other since before the amalgamation in 2007. She has been a Board member, chaired the Board more than once, and managed the Detox program. Dallas Williams is also returning after a three year absence. Our third new member is Darolee Bouteiller, financial officer for the town Blackfalds and our new treasurer.

It has been a very difficult year for all of us at the Harbour, but we have had determined support from our partners including Turning Point, Native Friendship Centre, and Canadian Mental Health Association, our funders: Alberta Health Services, United Way, Alberta Community and Social Services and others. The local medical community have been vocal in their support as well as providing medical care to the Detox program. City administration has worked tirelessly in search of a new location. The larger community have supported us with donations in kind and with cash.

On behalf of the Board I thank Kath for her unfaltering, brilliant leadership. She has kept us informed and advised at all times during this painful time. I must also thank the amazing management and front line staff who, despite setbacks and disappointments, go to work every day serving the community of Red Deer and a destitute and sometimes difficult group of guests. I often wonder how you manage it. We wouldn't exist without your dedication and passion.

Since 2006 I have chaired the Board for 8 years and every year I think "Wow this has been some year." Lots of years have had their share of crises, but this one has been something else. We are still here, engaged in the good and necessary and often thankless service that we do. Thank you all.

Buzz Vander Vliet, Chairperson  
*September 15, 2022*

## TRANSFORMATIONAL GROWTH PLAN

**The three pillars of our communications are focused on Education, Community Connection and Credibility Building.**

Part of our marketing strategy has been to position Safe Harbour as a community leader in providing 1st steps to recovery. In July 2021 we launched Captain's Corner, a weekly live video broadcast to engage with the community and share inside views and new perspectives.

People enjoy watching live streams and being able to interact and ask questions in real time. We reach between 200 and 1,800 people per live session/ replay.

Through community conversations we have learned that people are looking for further resources and opportunities to connect with like minded people. The **Captains Corner** has been a great tool to connect and engage with people in the community. Over the past year we welcomed community leaders like: Byron Bradley, The Mustard Seed; Stacey Carmichael Turning Point; Rob Lews, Youth HQ; Christine Stewart, CMHA; Amanda Gould, Downtown Business Association. Subscribe to our YouTube Channel to watch our episodes.



## Indigenous Support

### WELLBRIETY RECOVERY PROGRAMS

**We are honoured to be the first organization in Canada to be certified by White Bison to offer the Wellbriety Recovery Program!**

The 3 healing journeys of Wellbriety are:

#### 1. Medicine Wheel + 12 Step Program

This cultural 12 Step program is based upon the Teachings of the Medicine Wheel, the Cycle of Life, and the Four Laws of Change.

Each of the 12 Steps is presented from the perspective of the value that it reflects: Honesty, Hope, Faith, Courage, Integrity, Willingness, Humility, Forgiveness, Justice, Perseverance, Spiritual Awakening, and Service.

#### 2. Warrior Down

The goal of the Warrior Down program is to build a continuous support network for people transitioning from addiction treatment, other forms of detention, or from prison to parole. The intent of this program is to help prevent relapse and recidivism.

This peer to peer program is designed to not only help the warrior in their recovery but also to strengthen the recovery of the people on the response team.

#### 3. Mending Broken Hearts

The Mending Broken Hearts program provides culturally-based healing from grief, loss, and Intergenerational Trauma.

For information on the Wellbriety Program please contact our office at [office@safeharbourociety.org](mailto:office@safeharbourociety.org).



**Wellbriety Circles for Everyone** are held in collaboration with Urban Aboriginal Voices and the Red Deer Native Friendship Society.

## Harbour Highlights

### RECOVERY IN NUMBERS

# 1506

**Shelter Services:** Our shelter is the first step for people to enter their recovery journey. This fiscal year, our shelter served 1506 unique clients!

# 2091 + 1958

**Safe Harbour has 2 outreach teams:** One team works collaboratively with the City's Parks and bylaw teams in connecting with people who are experiencing homelessness and camping. They served 2091 people. Our other outreach team is our 211 team who works collaboratively with the City and the RCMP to respond to non emergency calls thereby freeing up the RCMP to having to respond when it isn't necessary. They served 1958 people.

# 600

**Safe Harbour's Medically Supported Detox program helped 600 people withdraw from substances in 2020.** Our numbers are usually 800-900 in a year but COVID made a difference. Detox is a crucial step in the recovery journey as people are required to attend a detox program before participating in any sort of addiction treatment service.



# 211

**In January 2021 we started a one year pilot project with the Systems Leadership Team, The City, and 211 to bring the Social Diversion team to our community.**

# Financial Statement

# Join the Conversation

## STATEMENT OF FINANCIAL POSITION

For the period ending March 30, 2022

ASSETS	2022	2021
<b>Current Assets</b>		
Cash	\$ 2,363,180	\$ 788,414
Accounts receivable	\$ 117,583	\$ 178,204
Goods and services tax receivable	\$ 14,062	\$ 18,196
Prepaid expenses & deposits	\$ 27,682	\$ 17,682
	<b>\$ 2,522,507</b>	<b>\$ 1,002,496</b>
Long-term investment	\$ ---	\$ 682,235
Tangible capital assets	\$ 1,405,080	\$ 1,458,738
	<b>\$ 3,927,587</b>	<b>\$ 3,143,469</b>
<b>LIABILITIES</b>		
<b>Current Liabilities</b>		
Accounts payable and accruals	\$ 85,930	\$ 124,486
Salaries and benefits payable	\$ 191,300	\$ 223,447
Deferred contributions	\$ 893,296	\$ 221,825
Callable debt	\$ ---	\$ 17,943
	\$ 1,170,526	\$ 587,701
Unamortized deferred capital contributions	\$ 783,211	\$ 753,341
	<b>\$ 1,953,737</b>	<b>\$ 1,341,042</b>
<b>NET ASSETS</b>		
Unrestricted	\$ 1,351,981	\$ 1,114,973
Invested in tangible capital assets	\$ 621,869	\$ 687,454
	<b>\$ 1,973,850</b>	<b>\$ 1,802,427</b>
	<b>\$ 3,927,587</b>	<b>\$ 3,143,469</b>

For a complete Financial Statement please check our website.

## LIVE CONVERSATIONS

# CAPTAINS CORNER

Inside Views.  
Real Stories.  
New Perspectives.

Follow us here:



Join us Live on Facebook for bi-weekly conversations with the Captain on how Safe Harbour provides first steps to recovery and helps to build safe and healthy communities.



## Thank you to our Funders:



Employment and  
Social Development Canada

Emploi et  
Développement social Canada



### Safe Harbour Society

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Follow us!

## Accreditation Primer Award

By receiving the Accreditation Primer Seal, Safe Harbour demonstrates the commitment to providing quality care and service to the community.

